



# APOLLO FLAME BISTRO

## **A LITTLE APOLLO FLAME HISTORY**

In 1974 Arthur Poulos "Papa" (1920-1996) opened his first restaurant with son Yiannis Poulos. Our family recipes have been passed down for three generations and our restaurant is still family operated.

We appreciate your continued business.  
Thank you.

**[www.ApolloFlameBistro.net](http://www.ApolloFlameBistro.net)**

**Voted 19 Years In A Row  
Best Mediterranean Restaurant**

**Best Quality ♦ Best Prices ♦ Best Salads**

**For delivery call Take Out Central  
828-252-1221**

**(828) 274-3582**

## SALADS

<b>ANTIPASTO</b> .....	9.99
Ham, Salami, Olives, Cheese, Pepperoni, Pepperoncinis	
<b>CHEF'S SALAD</b> .....	9.99
Ham, Turkey, Cheese, Pepperoncinis	
<b>TOSSED SALAD</b> .....	sm 3.99 lg 6.99
* GREEK OLIVES HAVE PITS *	
<b>Choice of Dressings</b>	
<i>Bleu Cheese, Honey Mustard, Ranch, Thousand Island, and Our Famous Greek Dressing made with Feta Cheese, Fresh Herbs and Spices.</i>	
*Extra To Go Dressing .....	.50

## GREEK SPECIALTIES

### OUR FAMOUS GREEK SALAD

Olives, Pepperoncinis, Feta Cheese, with  
Homemade Greek Dressing..... sm 4.99 lg 7.50

### OUR FAMOUS GREEK SALAD

*With Grilled Chicken Breast*

Marinated in Fresh Herbs ..... 9.99

### BIG FAT GREEK PLATTER

Lamb, Chicken, Meatballs, Greek Salad  
Pita Bread and Tzatziki Sauce

10.99

### COMBO GYRO PLATTER

Lamb, Grilled Marinated Chicken, Greek  
Salad, Pita Bread and Tzatziki Sauce

10.99

### CHICKEN GYRO PLATTER

Grilled Marinated Chicken, Greek Salad,  
Pita Bread and Tzatziki Sauce

9.99

**LAMB GYRO PLATTER**..... 9.99

**GYRO SANDWICH ON PITA BREAD** ..... 7.99

Chicken or Lamb, Lettuce, Tomato, Onion,  
Tzatziki Sauce served with Chips

**GREEK MEATBALLS** ..... 9.99

Served with melted Feta Cheese, Mozzarella,  
Meat Sauce, with Garden Salad, Garlic Bread

**GREEK SPAGHETTI** ..... 9.99

Served with Olive Oil, Feta and Parmesan Cheese,  
No Sauce, Garlic Bread, Garden Salad

## HOT OVEN SUBS

### HOT GRILLED

#### CHICKEN BREAST SUB

Cheese, Lettuce and Tomato, Onions,  
House Dressing ..... 7.99 9.99

#### APOLLO SUPER SUB

Roast Beef, Turkey and Bacon ..... 7.99 9.99

#### CHICKEN PARMESAN SUB

Marinated Chicken Strips, Marinara  
Sauce and Cheese ..... 7.99 9.99

	8"	12"
Roast Beef and Bacon .....	7.99	9.99
Turkey and Bacon .....	7.99	9.99
Roast Beef .....	7.99	9.99
Bacon, Lettuce and Tomato .....	7.99	9.99
Tuna Salad .....	7.99	9.99
Turkey .....	7.99	9.99
Ham .....	7.99	9.99
Italian Genoa, Cooked Salami & Ham .....	7.99	9.99
Genoa Salami .....	7.99	9.99

\* No Meat Substitutes \*

\* Extra Cheese \$1.00 \*

*\*All Above Hot Subs served with Cheese,  
Lettuce, Tomatoes, Onions, Mayonnaise,  
House Dressing, Dill Pickle,  
Chips, Potato Salad, or Pasta Salad.*

**Eggplant Parmesan Sub, served with  
Marinara Sauce and Cheese** ..... 7.99 9.99

**Meatball or Sausage, served with Meat  
Sauce and Mozzarella Cheese** ..... 7.99 9.99

**Vegetarian [Grilled Peppers, Onions, Cheese,  
Mushrooms and Mayonnaise]** ..... 7.99 9.99

### CHICKEN OR STEAK SUBS

*Tender Grilled Ribeye Steak or Grilled  
Chicken with Mayonnaise and Cheese,  
on New York Hoagie Roll*

	8"	12"
With Cheese .....	7.99	9.99
With Mushrooms .....	7.99	9.99
With Onions .....	7.99	9.99
With Peppers .....	7.99	9.99
Combo, <i>This Has it All!</i> .....	7.99	9.99

## PIZZA

	Small	Medium	Large
Cheese	9.25	10.50	12.50
1 Topping	9.99	10.99	12.99

### Each Additional Topping

Small	.99	Medium 1.09	Large 1.19
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Onions • Peppers • Sausage • Hamburger  
Pepperoni • Mushrooms • Ham • Salami  
Canadian Bacon • Black Olives • Tomato  
Jalapeño Peppers • Anchovies • Spinach

\*Chicken..... additional 3.95

### MEDITERRANEAN PIZZA

Grilled Marinated Chicken, Spinach, Feta and  
Mozzarella Cheeses and Diced Tomatoes  
Small 13.99 Medium 15.99 Large 17.99

### APOLLO SUPREME

Sausage, Pepperoni, Hamburger, Mushrooms,  
Onions, Green Peppers and Ham  
Small 12.99 Medium 14.99 Large 16.99

### WHITE PIE

No Sauce with Mozzarella and Feta  
with either Spinach or Tomato  
Small 11.99 Medium 13.99 Large 15.99

### GREEK PIZZA

Mozzarella and Greek Cheese  
Small 11.99 Medium 12.99 Large 13.99

### MEAT DELIGHT PIZZA

Sausage, Pepperoni, Hamburger, Ham,  
Salami and Sliced Bacon  
Small 12.99 Medium 14.99 Large 16.99

### VEGETARIAN PIZZA

Mushrooms, Black Olives, Green Peppers,  
Onions, Diced Tomatoes, Feta  
Small 12.99 Medium 14.99 Large 16.99

### HAWAIIAN PIZZA

with Ham and Pineapple  
Small 11.99 Medium 12.99 Large 13.99

### BBQ CHICKEN PIZZA

Grilled Marinated Chicken  
with Barbeque Sauce and Mozzarella Cheese  
Small 12.99 Medium 14.99 Large 16.99

### PITA PIZZA

Choice of Three Toppings 6.99

### GLUTEN FREE

Small Pizza with One Topping	10.99
Additional Toppings (each)	.99
6 Inch Subs on Gluten Free Bread	8.99
Spaghetti (Gluten Free Spiral Pasta)	11.99
Spaghetti Combo	13.99
with Mushrooms, Onions and Peppers	
Ravioli Stuffed with Chicken & Kale	12.99

SPAGHETTI & RAVIOLI SERVED WITH TOSSED SALAD  
& GLUTEN FREE BREAD

## HOUSE SPECIALS

Served with Homemade Meat Sauce,  
Garlic Bread and Tossed Salad

Spaghetti with Meat Sauce	9.50
Spaghetti with Meatballs	9.99
Spaghetti with Sausage	9.99
Spaghetti with Mushrooms	9.99
Spaghetti with Peppers	9.99
Spaghetti Combination	11.99
Meatballs, Sausage, Mushrooms and Peppers	
Melted Cheese	2.00

## PASTA

All Pasta Dinners served with Mozzarella,  
Homemade Meat Sauce, Tossed Salad &  
Garlic Bread

Lasagna	11.99
Stuffed Shells	11.99
Manicotti	11.99
Meat Ravioli	11.99
Cheese Ravioli	11.99
Meat Tortellini	11.99
Cheese Tortellini	11.99

## CHICKEN SPECIALTIES

Served over Pasta with Tossed Salad  
and Garlic Bread

Chicken Parmesan	11.99
Marinated Chicken Breast with Meat Sauce and Cheese	
Chicken Francesca	11.99
Marinated Chicken Breast with a White Wine & Mushroom Sauce and Cheese	

## CHICKEN RIGATONI

Ziti Noodles with Grilled Chicken,  
Olive Oil, Garlic, Feta &  
Mozzarella & Parmesan Cheeses.  
Served with Greek Salad and Garlic Bread  
**11.99**

## VEGETARIAN DISHES

Served with Tossed Salad and Garlic Bread

Spaghetti with Marinara	8.99
Spinach Lasagna	9.99
Veggie Manicotti with Marinara	9.99
Cheese Tortellini with Marinara	9.99
Eggplant Parmesan with Marinara Pasta & Cheese	9.99
Vegetarian Pita	7.99
Rolled Pita with Grilled Onions, Green Peppers, Mushrooms and Feta. Served with Greek Salad.	

Greek Salad substitution \$1.39 extra  
with pasta dish only.

## KIDS' MENU

[10 YEARS & UNDER – KIDS ONLY]

Spaghetti with Meatballs*	6.50
Spaghetti with Meat Sauce*	6.50
Spaghetti with Marinara*	5.99
Chicken Tenders with Chips	5.99
Pita Pizza	6.99
(Sauce, Cheese & Choice of Three Toppings)	

\* Kids' Pasta Served with Garlic Bread Only \*

**NO SALAD**

## SIDE ORDERS

Chicken	5.99
Lamb	5.99
Meatballs or Sausage	5.99
Potato Salad (Homemade)	2.50
Pasta Salad (Homemade)	2.50
Feta Cheese	2.50
Mozzarella Cheese	2.50
Cheese Garlic Bread	2.99
Anchovies	2.50
Greek Pepperoncinis	1.99
Greek Olives (have pits)	2.50
Jalapeño Peppers	1.50
Pita Bread	1.00
Chips	1.00
Garlic Bread	1.00
Tzatziki Sauce	1.00
Side of Marinara	2.00
Side of Meat Sauce	2.50

## BEVERAGES

Soft Drinks	2.35
(Coke, Diet Coke, Sprite, Fanta Orange, Lemonade)	
Iced Tea	2.35
Coffee	2.35
Hot Tea	2.35
Milk	2.35

## BEERS

Corona	4.00
Heineken	4.00
St. Pauli Girl	4.00
Grolsch	4.50
Budweiser or Bud Light	3.25
Coors Light	3.25
Michelob Ultra	3.25
Miller Light	3.25
Fat Tire	4.00
Highland Gaelic Ale	4.00

## DESSERTS

Baklava	2.60
Cheesecake	4.95

Chablis, Burgundy  
Glass.....4.00  
1/2 Liter.....8.99

## WINES

White Zinfandel, Chardonnay,  
Merlot  
5.00

**485 HENDERSONVILLE ROAD**

IN FOREST EDGE SHOPPING CENTER

**EXIT 50 OFF I-40 (SOUTH) – Minutes to Biltmore House**

**HOURS 10:30 AM – 10:00 PM MONDAY THRU SATURDAY**

**Website: [ApolloFlamebistro.net](http://ApolloFlamebistro.net)**

TO GO ORDERS AVAILABLE

**Phone (828) 274-3582**

**Fax (828) 274-3571**