



APOLLO FLAME BISTRO

A LITTLE APOLLO FLAME HISTORY

In 1974 Arthur Poulos "Papa" (1920-1996) opened his first restaurant with son Yiannis Poulos. Our family recipes have been passed down for three generations and our restaurant is still family operated.

We appreciate your continued business.
Thank you.

www.ApolloFlameBistro.net
For Take Out And Delivery

Voted 19 Years In A Row
Best Mediterranean Restaurant

Best Quality ♦ Best Prices ♦ Best Salads

(828) 274-3582

SALADS

ANTIPASTO 15.99
Ham, Salami, Olives, Cheese, Pepperoni,
Pepperoncinis

CHEF'S SALAD 15.99
Ham, Turkey, Cheese, Pepperoncinis

TOSSED SALAD sm 7.99 lg 9.99

* **GREEK OLIVES HAVE PITS** *

Choice of Dressings

*Bleu Cheese, Honey Mustard, Ranch,
Thousand Island, and Our Famous Greek Dressing
made with Feta Cheese, Fresh Herbs and Spices.*

*Extra To Go Dressing75

GREEK SPECIALTIES

OUR FAMOUS GREEK SALAD

Olives, Pepperoncinis, Feta Cheese, with
Homemade Greek Dressing .. sm 8.99 lg 10.99

OUR FAMOUS GREEK SALAD

With Grilled Chicken Breast

Marinated in Fresh Herbs....sm 11.99 lg 14.99

BIG FAT GREEK PLATTER

Lamb, Chicken, Meatballs, Greek Salad
Pita Bread and Tzatziki Sauce

14.99

COMBO GYRO PLATTER

Lamb, Grilled Marinated Chicken, Greek
Salad, Pita Bread and Tzatziki Sauce

15.99

CHICKEN GYRO PLATTER

Grilled Marinated Chicken, Greek Salad,
Pita Bread and Tzatziki Sauce

14.99

LAMB GYRO PLATTER 14.99

GYRO SANDWICH ON PITA BREAD 10.99

Chicken or Lamb, Lettuce, Tomato, Onion,
Tzatziki Sauce served with Chips

GREEK MEATBALLS 15.99

Served with melted Feta Cheese, Mozzarella,
Meat Sauce, with Garden Salad, Garlic Bread

GREEK SPAGHETTI 13.99

Served with Olive Oil, Feta and Parmesan Cheese,
No Sauce, Garlic Bread, Garden Salad

OVEN SUBS

HOT GRILLED CHICKEN BREAST SUB

Cheese, Lettuce and Tomato, Onions,
House Dressing 11.49 13.99

APOLLO SUPER SUB

Roast Beef, Turkey and Bacon.... 11.49 13.99

CHICKEN PARMESAN SUB

Marinated Chicken Strips, Marinara
Sauce and Cheese..... 10.99 13.99

	8"	12"
Roast Beef and Bacon	11.49	13.99
Turkey and Bacon	11.49	13.99
Roast Beef	11.49	13.99
Bacon, Lettuce and Tomato	11.49	13.99
Tuna Salad.....	11.49	13.99
Turkey	11.49	13.99
Ham	11.49	13.99
Italian Genoa, Cooked Salami & Ham..	11.49	13.99
Genoa Salami	11.49	13.99

* **No Meat Substitutes** *

* **Extra Cheese**.....sm **\$1.25** lg **\$1.75** *

**All Above Hot Subs served with Cheese,
Lettuce, Tomatoes, Onions, Mayonnaise,
House Dressing, Dill Pickle,
Chips, Potato Salad, or Pasta Salad.*

**Eggplant Parmesan Sub, served with
Marinara Sauce and Cheese** ... 11.49 13.99

**Meatball or Sausage, served with Meat
Sauce and Mozzarella Cheese.** 11.49 13.99

**Vegetarian [Grilled Peppers, Onions, Cheese,
Mushrooms and Mayonnaise]** ... 11.49 13.99

CHICKEN OR STEAK SUBS

*Tender Grilled Ribeye Steak or Grilled
Chicken with Mayonnaise and Cheese,
on New York Hoagie Roll*

	8"	12"
With Cheese	11.49	13.99
With Mushrooms	11.49	13.99
With Onions	11.49	13.99
With Peppers	11.49	13.99
Combo, This Has it All!	11.49	13.99

PIZZA

	Small	Medium	Large
Cheese	11.75	12.99	14.99
1 Topping	12.49	13.49	15.49

Each Additional Topping

Small 1.49 Medium 2.00 Large 2.50

Onions • Peppers • Sausage • Hamburger
Pepperoni • Mushrooms • Ham • Salami
Canadian Bacon • Black Olives • Tomato
Jalapeño Peppers • Anchovies • Spinach

*Chicken.....additional 4.49

MEDITERRANEAN PIZZA

Grilled Marinated Chicken, Spinach, Feta and
Mozzarella Cheeses and Diced Tomatoes

Small 16.99 Medium 18.99 Large 20.99

APOLLO SUPREME

Sausage, Pepperoni, Hamburger, Mushrooms,
Onions, Green Peppers and Ham

Small 16.99 Medium 18.99 Large 20.99

WHITE PIE

No Sauce with Mozzarella and Feta
with either Spinach or Tomato

Small 14.99 Medium 16.99 Large 18.99

GREEK PIZZA

Mozzarella and Feta Cheese

Small 15.99 Medium 16.49 Large 17.49

MEAT DELIGHT PIZZA

Sausage, Pepperoni, Hamburger, Ham,
Salami and Sliced Bacon

Small 16.99 Medium 18.99 Large 20.99

VEGETARIAN PIZZA

Mushrooms, Black Olives, Green Peppers,
Onions, Diced Tomatoes, Feta

Small 15.99 Medium 17.99 Large 19.99

HAWAIIAN PIZZA

with Ham and Pineapple

Small 14.99 Medium 15.99 Large 16.99

BBQ CHICKEN PIZZA

Grilled Marinated Chicken

with Barbeque Sauce and Mozzarella Cheese

Small 15.99 Medium 17.99 Large 19.99

PITA PIZZA

Choice of Three Toppings 8.49

CHICKEN BUFFALO PIZZA

Mozzarella, Ranch, Buffalo Sauce, Chicken

Small 14.99 Medium 16.99 Large 18.99

GLUTEN FREE

Small Pizza with One Topping14.49

Additional Toppings (each)..... 1.49

6 Inch Subs on Gluten Free Bread..... 11.49

Spaghetti (Gluten Free Rotini)14.99

Spaghetti Combo.....16.99

with Mushrooms, Onions and Peppers

Spinach Lasagna with Marinara16.99

Side of Gluten Free Bread2.99

SPAGHETTI & LASAGNA SERVED WITH TOSSED SALAD
& GLUTEN FREE BREAD

HOUSE SPECIALS

Served with Homemade Meat Sauce,
Garlic Bread and Tossed Salad

Spaghetti with Meat Sauce	13.99
Spaghetti with Meatballs	15.99
Spaghetti with Sausage	15.99
Spaghetti with Mushrooms	14.99
Spaghetti with Peppers	14.99
Spaghetti Combination.....	16.99
Meatballs, Sausage, Mushrooms and Peppers Melted Cheese.....	3.00

PASTA

All Pasta Dinners served with Mozzarella,
Homemade Meat Sauce, Tossed Salad &
Garlic Bread

Lasagna	16.99
Stuffed Shells	16.99
Manicotti.....	16.99
Meat Ravioli	16.99
Cheese Ravioli	16.99
Meat Tortellini.....	16.99
Cheese Tortellini	16.99

COMBO PASTA TRIO

Manicotti, Stuffed Shells & Meat or Cheese Ravioli.

Topped with Melted Cheese and
our Homemade Meat or Marinara Sauce.

Served with Greek Salad and Garlic Bread

16.99

CHICKEN SPECIALTIES

Served over Pasta with Tossed Salad
and Garlic Bread

Chicken Parmesan.....16.99

Marinated Chicken Breast with
Meat Sauce and Cheese

Chicken Francesca16.99

Marinated Chicken Breast with a White
Wine & Mushroom Sauce, and Cheese

CHICKEN RIGATONI

Ziti Noodles with Grilled Chicken, Olive Oil,
Garlic, Feta & Mozzarella & Parmesan Cheeses.
Served with Greek Salad and Garlic Bread.

15.99

VEGETARIAN DISHES

Served with Tossed Salad and Garlic Bread

Spaghetti with Marinara
 13.99 |

Spinach Lasagna
 16.99 |

Veggie Manicotti with Marinara
 16.99 |

Cheese Tortellini with Marinara
 16.99 |

Eggplant Parmesan with Marinara.....
 16.99 |

Pasta & Cheese

Vegetarian Pita
 11.99 |

Rolled Pita with Grilled Onions, Green Peppers,
Mushrooms and Feta. Served with Greek Salad.

Greek Salad substitution \$1.99 extra

AD 5/23

KIDS' MENU

[10 YEARS & UNDER - KIDS ONLY]

Spaghetti with Meatballs*	6.99
Spaghetti with Meat Sauce*	6.99
Spaghetti with Marinara*	6.99
Chicken Tenders with Chips	6.99
Pita Pizza	8.99
[Sauce, Cheese & Choice of Three Toppings]	

* Kids' Pasta Served with Garlic Bread Only *
NO SALAD

SIDE ORDERS

Chicken	7.99
Lamb	8.99
Meatballs or Sausage	8.99
Potato Salad [Homemade]	3.99
Pasta Salad [Homemade]	3.99
Feta Cheese	4.50
Mozzarella Cheese	3.99
Cheese Garlic Bread	4.99
Anchovies	3.50
Greek Pepperoncinis	3.25
Greek Olives (have pits)	3.99
Jalapeño Peppers	2.50
Pita Bread	1.50
Chips	1.50
Garlic Bread	1.25
Tzatziki Sauce	1.25
Side of Marinara	2.50
Side of Meat Sauce	2.99

BEVERAGES

Soft Drinks	2.50
[Coke, Diet Coke, Sprite, Fanta Orange, Lemonade]	
Iced Tea	2.50
Coffee	2.50
Hot Tea	2.50
Milk	2.50

BEERS

Corona	4.00
Heineken	4.00
St. Pauli Girl	4.00
Grolsch	4.50
Budweiser or Bud Light	3.25
Coors Light	3.25
Michelob Ultra	3.25
Miller Light	3.25
Fat Tire	4.00
Highland Gaelic Ale	4.00

DESSERTS

Baklava	4.99
Cheesecake	4.95

Chablis, Burgundy
Glass.....5.00
1/2 Liter.....9.99

WINES

White Zinfandel, Chardonnay,
Merlot
6.99

485 HENDERSONVILLE ROAD

IN FOREST EDGE SHOPPING CENTER

EXIT 50 OFF I-40 [SOUTH] - Minutes to Biltmore House

HOURS 10:30 AM - 10:00 PM MONDAY THRU SATURDAY

Website: ApolloFlamebistro.net

TO GO ORDERS AVAILABLE

Phone [828] 274-3582

Fax [828] 274-3571